Participants needed for a research study evaluating Hope by CAMH (Suicide Safety Planning App)

What is Hope by CAMH?



A free smartphone app that allows users to: • create a personalized suicide

- create a personalized suicide safety plan
- practice wellness activities
- access crisis resources
- learn about suicide risk factors
- obtain information for family & loved ones

For more information, please visit www.camh.ca/hopebycamhapp

WHO DO WE NEED?

Individuals who:

- have downloaded the app, OR
- are thinking of downloading the app, OR
- actively decided not to download the app

For more information about programs and services at CAMH, please visit www.camh.ca or call 416-535-8501 (or 1-800-463-6273)

You are welcome to participate

in **ONE OR MORE** of the following parts of our study:

What is

- Part 1: Online Survey
- Part 2: Interview (Video conferencing)
- Part 3: Testing out the app (Video conferencing)

Compensation is provided

REB File No - #082/2020



TO LEARN MORE ABOUT THE STUDY EMAIL: strudwick.research@camh.ca CALL: (416) 535-8501 x 31515